

**Using Lewis Drug Smart Packs is an excellent choice for your health!  
Be sure to use the packs correctly. Review the following instructions and ask  
your Lewis pharmacist if you have ANY questions.**

- 1) Smart Packs come in sets of four cards, each has 7 days of medication in it.
  - a) You may get eight cards for a 28-day supply if your medications do not fit in the four cards.
- 2) Each row on the Smart Pack cards represents one day. Four color-coded spots represent medications you should take in the morning, at noon, in the evening, and at bedtime.
  - a) The cavity will remain empty if you do not take medication at any of these time points.
- 3) Always follow the dates and time slots on the card so you are taking medication from the **correct date**. This will keep you on track and help you to know if you missed any medications.
- 4) You should always start with taking medication from the **bottom row**.
  - a) Locate the correct day/time to ensure you are starting with the first card.
  - b) Press through the LEFT side of the perforation on the label
  - c) Pinch the label
  - d) Peel from left to right to fully open the cavity before removing your medications
- 5) The Smart Pack cards are easy to tear off for on-the-go use. You can tear off one day at a time or multiple days if you are going to be on vacation.
  - a) Please note TSA may require full labeling information to accompany your strips. Taking the top section of the smart packs along ensures that all required information is available.
- 6) Make sure to remove a full row at the bottom before tearing off individual doses.
- 7) If you ever have a change in your medication(s) please notify your Lewis Pharmacy team. They will help instruct if you need to adjust anything until your next Smart Pack can be updated.